Public Health Thriving Together Fund

Supporting good health and wellbeing in County Durham.



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Zoom-keeping

- Please make sure your mic is on mute
- Webinar is recorded
- Make the most of the chat function, introduce yourself, ask questions and share thoughts

Plan for today

- About Point North
- About the Public Health Thriving Together Fund
- Who can apply and what does the fund cover?
- Application process
- Q&A
- Upcoming events & opportunities



Making a difference every day

£74.4m

awarded to communities since 1995

£3.6m

awarded to communities since 1 April 2025

987,004

lives enriched between 1 April 2024 and 30 March 2025



Fighting Poverty & Enriching Lives

- We are an independent grant making charity and member of national body of UKCFs
- IVAR flexible funder accredited
- We raise funds and get grants out to local charities, community groups and people
- Based in County Durham for County Durham, Tees Valley and the wider North East

About the Public Health Thriving Together Fund

- Combines several previously separate and one-off sources of public health funding, as well as significant additional investment over a more sustainable time period

- Provides charities and organisations in County Durham with funding to deliver **new** or sustain **existing** (beyond the life of their original funding) projects, activities, and initiatives that enable individuals to thrive, support good health and wellbeing, and addresses key challenges in their communities.

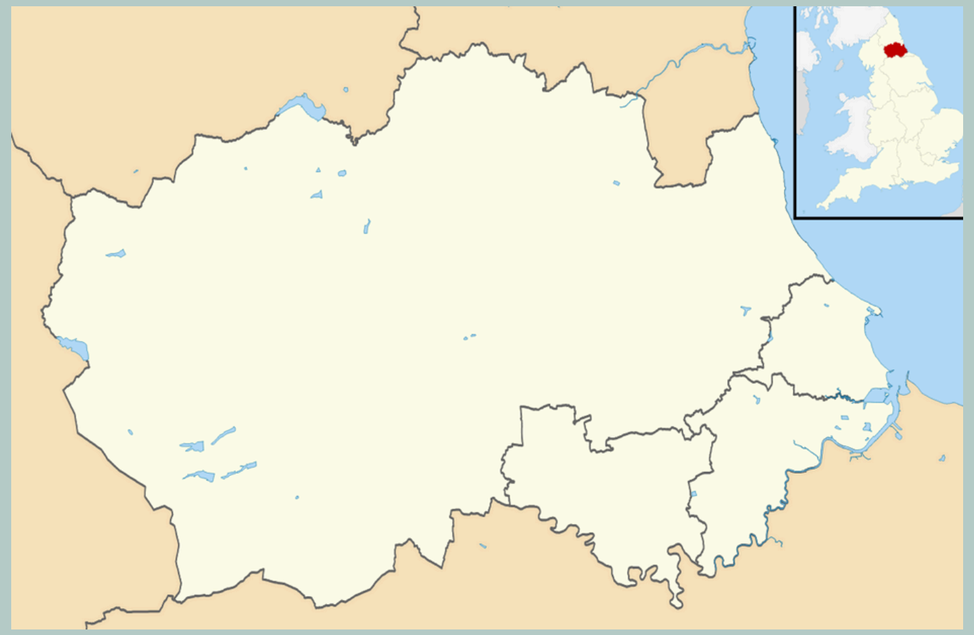


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Location

- The fund covers Durham County Council local authority
- This **does not** include Hartlepool, Darlington, Stockton, Sunderland
- If you need to check your local authority you can use: www.gov.uk/find-local-council



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Fund priorities

The Fund priorities are to address:

- rising lower-level mental health concerns,
- social isolation and lack of accessible community spaces,
- the need for greater digital inclusion and public health awareness,
- the importance of community-led initiatives in health promotion and wellbeing.

Your application must clearly show how your project meets these priorities.

Small and large grants

- There are **two funds:** small grants (between £2,000 and £5,000) and large grants (between £5,000 and £25,000 per year) hold both a small and a large grant, but not two small or two large grants at the same time. **Both** must have an element of training.
- The large grants stream is an opportunity to bring together a number of wellbeing projects, or support a number of projects with one application, developing your organisation as hub for wellbeing.

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Key information

Supporting good health and wellbeing in County Durham

Apply by 23 November 2025

County Durham

between £2,000 and £5,000

12 weeks decision time

Key information

Supporting good health and wellbeing in County Durham

Apply by 23 November 2025

County Durham

Between £5,000 and £25,000

12 weeks decision time

What type of projects will the fund support?

Funding can be used to support projects including:

- **Mental health and wellbeing:** initiatives that promote the 5 Ways to Wellbeing, mental health first aid, arts/culture for wellbeing initiatives, community garden/food growing
- **Community connectivity:** combating loneliness and isolation
- **Health promotion activities:** increased awareness and engagement with public health campaigns
- **Skills and knowledge:** training of community leaders e.g. Make Every Contact Count, domestic abuse and awareness, suicide prevention training
- **Youth support:** youth work, youth champions and peer mentoring, young health champions





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What does the fund cover?

- Salaries
- Sessional and core costs
- Small items/equipment
- Communications and marketing
- Training costs









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Training

All applications **must have** an element of **training** for staff or volunteers that is relevant to delivery of your project.

You will need to show that the training is over and above what you already provide and clearly explain why the training is needed and how it links to the support you already provide or are proposing to provide.

This could include travel costs, materials, DBS checks, as well as the cost of training such as energy advice, domestic abuse or financial advice.



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What does the fund not cover?

- Advancement of religion or political activities
- Activities that are the responsibility of statutory authorities, or already funded by a statutory body
- Projects outside the area of benefit
- Retrospective funding for projects and activities that have alrea taken place.
- Applications from national or regional charities with no specific projects in the eligible area
- Projects relating to improvements to land that is not open to th general public
- Requests for sponsorship
- Individuals
- Refurbishment and building improvements



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Who can apply?

Your organisation does not have to be a registered charity to apply to the fund but must have charitable aims. If your income is over £5,000, then you must be registered with an appropriate body (Charity Commission, Companies House, Community Amateur Sports Club). Examples of organisations include:

- Community groups
- Voluntary organisations
- Playgroups
- Youth groups
- Church and village halls
- Sports clubs and facilities
- The Scout and Guide Movement
- Environmental projects
- Senior citizens clubs and activities
- Schools (for non-statutory projects that are not normally funded by the Council)
- Social enterprises (CICs, companies limited by guarantee) that are registered with the appropriate body and have at least 50% income from trade/services.

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What to include in your application:

Your application will need to:

- Clearly show how your project meets the fund's priorities, including training
- Show how your project might bring together well-being related projects in one place, or develop your organisation as a 'hub' for wellbeing
- Provide clear evidence of need, outlining inequalities that your project addresses
- Show/evidence that your project is effective, with need growing
- Provide information about how you might adapt to changing community need
- Agree to update Connecting County Durham (or in the interim Durham Locate and Family Information Service) with your support offer paid for through this fund

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Documents

Without all the documents, your application is not complete. You need to submit:

- Governing document
- Signed copy of most recent annual accounts
- A list of names and addresses of trustees holding governance positions (chair, secretary, treasurer)
- Signed and dated safeguarding policy with a named officer/lead and their contact details
- A bank statement from the last three months

If you struggle to attach some/all documents, please email to info@pointnorth.org.uk with 5 days of submitting your application.



If applicable:

- A copy of employer's liability insurance
- Quotes: for any single items between £250 or £1,000, one quote - for single items over £1,000, three quotes
- For CICs: breakdown of income showing trading vs. grant income, specifying timeframe
- If organisation is under 12 months old, income and expenditure forecast for the current year.

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How to apply?

- Visit our website
- Read our full grant guidelines
- Complete our application form via our website



Pointnorth.org.uk/grants

Visit our website to apply

Any questions?



Contact details

Point North
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www.tinyurl.com/PointNorthBookACall



Thank you!